

Term 3 No 1 25th July 2018

Tena koutou katoa Hello everyone

It is good to be back at Tokanui School. I have had a varied and interesting term away from the school. It has been both refreshing and enlightening. I really enjoyed getting into schools outside our region and learning from others in the profession. It was also a good opportunity to do some professional reading that can be hard to fit in when busy in the office. Meanwhile, I had a wonderful team back here that carried on with business as usual, ably led by Tina McMullen.

Doesn't the new classroom look fantastic? What beautiful learning space this is for our junior classes. The sliding doors between the classroom and its breakout space have gone in along with the shelter on the deck from the weather. The next stage is to get some kitchen joinery in the breakout space making this an excellent resource for the school.

Today we have once again had John Parsons in the school guiding our children with ways to keep themselves safe online. This year the message went into the importance of keeping healthy by getting enough sleep and having a balanced life that includes running, climbing and playing. It takes an hour for the brain to settle to sleep so it is important that children turn off technology at least an hour before bed. He also talked about the importance of never having technology in the bedroom. If this can be built in from the start it is a lot easier to enforce than trying to change once children get their first phone. As part of good health and well-being, young children need 10 -12 hours sleep per night and the habit of going to bed and getting up at the same time each day is important to do this. Children from 0-2 years of age should not watch any TV or be exposed to any form of digital communication technology. For 3-5 years of age, the maximum time in front of a screen should not exceed one hour per day and be viewed with an adult who can interact with the child in terms of the content. From age 5-18 it is a matter of developing consistent rules that ensure a balanced life with activities away from the screen. What I was so impressed with is that we are hearing the benefits of what the children have learned from John over the years. One of our boys said, "Mum used to go on her device every few minutes and then I talked to her after John was last here and so she borrowed John's book from the library and read it. Now she doesn't go on her device all the time." A girl in the same class told us how she made a special box and asked her family to put their devices in it while they ate dinner - and they did." John talked once again about how the children can respectfully ask their parents to put their device down and give them their full attention while playing a game or watching a family movie together, or even eating dinner without devices taking over. When John visits around the same time next year, I hope to involve the parents in the class sessions so that parents can hear first-hand the feelings of the children and parents can also put across how they feel about how their children use technology. Any adults that have heard John speak come away enlightened and with a pocket full of new skills to help them keep up with their children and the technology that they use. John also presented each of the teachers with their own book, "Keeping your children Safe Online", that he has written and that has been supplied by the Rotary Club of Invercargill East. If you want to borrow this book talk to Marylyn who may be able to arrange for you to loan a school copy.

Year 7 & 8 students have technology starting at Menzies from next week. They will be covering Woodwork, Foods and Science over the two terms. Our two senior classes are lucky enough to be having a session in the Aquavan and around the Fortrose Estuary with Environment Southland next week.

Have a great week and enjoy this lovely spell of weather.

Ka kite ano Kate Stevenson Principal

Does anyone out there have some knitting wool they would like to donate for our Clubs starting next week. This would be really be appreciated. Please leave at the School Office

What is all the fuss about in Education? Teachers are campaigning for:

- More teachers so your kids can get more attention
- More resources/staff to support children with additional learning needs
- A pay jolt to salaries for teachers to address the teacher shortage so that your children will have a teacher in the future

There is a 40% drop in people training to be teachers. The average age of a New Zealand teacher is 57 years. As these teachers age out of the profession we will have even less teachers at a time of growing numbers of children. In our local region, teachers have come out of retirement to help staff schools, principals are spending their management time teaching classes so that the children have a teacher in front of them, and we aren't getting applicants to choose from when we advertise a position, schools are short on or don't have any relievers which means that classes get doubled up and the outcomes for students are compromised. Teachers are fighting for the future of our children.

Change of address for newsletter advertisements

patricia@tokanui.school.nz

Advertisements cost \$5 each and to be at School Office or above address by 12 noon on the Tuesday.

Calendar of Events:

Thursday 26th July - Moffett Cup practice Friday 27th July - Assembly Team Kowhai

Tuesday 31st July - Aguavan Fortrose Team Papura and

Karaka

Wednesday 1st August - Year 7 & 8 Technology

Friday 3rd August - Moffett Cup

Monday 6th August - Goal Setting Conferences 3.00pm Tuesday 7th August - Goal Setting Conferences 1.00pm

Children Home 12 noon

Friday 10th August - Assembly Team Whero
Saturday 18th August - Community Ski Trip
Friday 24th August - Assembly Team Papura

Wednesday 29th August - Polyfest

Class Reports:

are creating some art to share in Assembly based around our theme of the week. We have been learning new ways of how to share our reading responses through different apps and sharing these on our Seesaw journals. **Team Whero:** During reflections the students were asked two questions; what they would like to improve on and secondly what they would like to do more of. A clear majority indicted they wanted more Science. Science is a way of investigating, understanding, and explaining our natural, physical world and the wider universe. It involves generating and testing ideas, gathering evidence – including by making observations, carrying out investigations and modelling and communicating and debating with others – in order to develop scientific knowledge. Currently, we are looking at how best to store bread and what happens when we waste bread - it goes mouldy and is only good for the compost!

Team Kikorangi/Kowhai: Welcome back everyone to Term 3. This week we

Team Karaka: This week we are business as usual. We have Aquavan and Moffett Cup coming up next week. Please continue to encourage 10 minutes of basic facts and 15 minutes of reading for homework.

Team Papura: Welcome back to Term Three. We started the term by finishing off the Cheese Unit we started last term. We made casein plastic on Monday and today we are making Mozerella. We are continuing to practice for Moffett Cup next Friday. Technology also starts next week.

Moffett Cup

This is on Friday 3rd August in Invercargill. A notice is going home today about it.

We need umpires for Moffett Cup Netball, if you are able to help please contact the school ASAP. Thank you

Below are the dates for our Zone events for 2018

Moffett Cup Friday 3rd August, Held at Pirates Old Boys Rugby Ground and ILT Stadium southland, run by Ascot

Football Tournament Friday 9th November – Tbc – run by Tokanui

Tokanui Medical Centre – Phone 2468 850 Doctor Days: Wednesday 25th July - Abraham

lable now and ready for the coming season. Give your local

Wednesday 15th August – Abraham Wednesday 29th August - Abraham

Flu vaccinations will be available on these days. You don't have to be enrolled in this practice to have this vaccination at Tokanui. Please contact Balclutha Medical Centre to make an appointment and for repeat prescriptions (03) 4190 400

Anyone wanting a smear test, contact the Tokanui Medical Centre. Emergencies phone 111 Ambulance, Fire and Police.



Curio Bay Christian Fellowship Sharing the love of Jesus Sunday Service 1st and 3rd Sunday 10.30am All Welcome

John & Jenny Wilson 2468 722

June Stratford 2468 363

Relief milker/casual worker wanted. Phone 027 2469 890

Annual Meeting Southern Pest Eradication Society

Will be held on Thursday 16th August @ Waimahaka Hall 8.00pm All Welcome President C. Gill

Relief Milker Wanted

We are currently looking for a Relief Milker, this job also involves general farm work on our Fortrose Dairy farm.

If interested please contact Scott McKenzie 027 621 8733

Cub and Scout meeting Tuesday 31st July at 4.30pm at the Rugby clubrooms, followed by a Scout Jamboree fundraising meeting.

Btpilates bookings are now open for Pilates Term 3 at Tokanui (starts Wednesday July 25th, finishes September 26tt - 10 Wednesdays).

Pilates: Tokanui Hall Wednesdays, 9.30am

10 weeks - \$120



over

5 weeks - \$70 (plus casual price for workouts and above five visits)

Pay as you go \$16.00

Interested in Target shooting?

Something new and different with rifles and pistols? The opportunity exists to start a Rifle club at Fortrose. Perhaps a pistol club as well, depending on the numbers who may be interested. Maybe represent New Zealand at Olympic or Commonwealth games? Please contact Harry, 027 667 4079 for further information or to express your interest.

Have you heard of the .22 Jungle Lane Shooting competition? A new, fun and challenging type of rifle shooting, for all the family. A full day's shooting, with dinner and prize giving at the day's end. Thousands of dollars worth of prizes, including a new rifle for the top junior shooter. Fortrose, February 2019.

Check out www.22junglelane.com to see if this interests you. Or contact Harry, 027 667 4079

2018 Dot Shooting National competition is now on.

A fun and challenging Postal Shooting competition. Suitable for teens and older, you can shoot the match anywhere you can safely use a .22 rifle. You have 3 months in which to practice and to get your competition targets returned by mail. For information or entries, please contact Harry, 027 667 4079.



New Winter Menu 10.00am - Finish Open 7 Days Sunday Roast \$20 Sundays 12.00-2.00pm Strictly Coffee All day Cabinet Food Set menu options for groups Dinner Bookings Recommended The World Class Gateway Experience Pop in and see Ange and the friendly team

www.curioscape.co.nz - phone number: (03) 246 8897

Tokanui Junior Rugby Draw Games are in town this weekend: UNDER 11: 11am Star Vs Callahan Transport Tokanui, Waverley Park, Field 2

UNDER 10: 10:30 Harvey Tanks Pirates Old Boys Vs Borlase

Dipping Tokanui, Surrey Park, Field 2A

UNDER 8: 10:15 Marist Dragons Vs Tokanui Bistro Tokanui,

Miller Street. Field 2C

RIPPA UNDER 6: 10:15 Marist Phantoms Vs Titiroa Transport

Tokanui, Miller Street, Field 2A

JUNIOR RUGBY BREAK UP INFO:

Tuesday 7th August at Tokanui Rugby Clubrooms at 4:15 pm. Please bring a small plate for afternoon tea and also something for the Coaches boxes.

Club trophies to be returned to Barnzy please. All Jerseys to be handed back washed please.

10 FORTROSE/OTARA RD. PUKEKO ALLEY GALLERY

POOL TABLE ANTIQUE MINI CAMPING GEAR POTTED BULBS BOWLING MATT

MIRRORS

RANGE HOUSEHOLD STUFF TOOLS PLUS MUCH MORE

ALL ART AND CRAFT IN GALLERY 15% OFF SAT & SUN.

SAME DAYS AS TO! TOIS -TOKANU! LIONS MONSTER BOOK SALE at Fortrose Hall 10am

A meeting for the Fortrose Cemetery Trust will be held at the Fortrose Café Wednesday 1st August at 1.00pm. Apologies to Ann McKenzie 021 395 196 Everyone welcome

Raffle Rundrasier

\$10 ticket 50 Prizes (1 in 5 chance of winning a prize.) Maximum of 250 tickets Selling raffle tickets to raise funds for Shianna Templeton's journey to the Gold Coast with the NZ Touch Team.

A big THANK YOU to all the local businesses and sponsors

- * MLT * Tokanui Bistro * Tokanui Service Centre * Niagara Falls Cafe
- * Jason Lingard Shearing * Lakeland Gravel * Vetco Edendale * Lyders Whanau
- * Udys Feed and Grain * Andrew Taylor Shearing * Mighty Mix Tony and Dianne
- * Marshall Contracting Gorge Road * Ballymena Canvas Art Gorge Road
- * Lotto Bonus Players Without you this wouldn't be possible

If you would like a ticket please contact either Kathryn or Johnny 2468 466 or you can buy a ticket from Tokanui Tavern or Tokanui Service Centre where there is also a list of the prizes. Thank you in advance and good luck

The Otara Community are having their annual Pot Luck Finger Tea on Saturday 28th July 6pm at the Otara Hall. A Family night.

Welcome to all residents & landowners in the Otara District.

This is a great way to meet with your neighbours and others in the area before we get busy with lambing & calving.

The Otara Community Charitable Trust will also make some presentations to youth & others of the District.

Please bring finger food to share. Meet & mingle at 6pm eat 6.30pm.

A gold coin donation at the door for hall expenses. Tea & Coffee provided. BYO. Queries to Tim 03 2468 493.

Toi Tois Tokanui Lions Club are having a Monster 2nd hand book sale in the Fortrose Hall Saturday 28 July 10.00am-4.00pm and Sunday 29th July 11.00am-3.00pm.

NO EFTPOS, CASH ONLY any queries contact Brian McFaul 03 2395 797 or check our Facebook page Toi Tois Tokanui Lions Club. Look forward to seeing you there.

Tokanui Senior Rugby Club - FINAL

The Titiroa Transport Seniors will play DLS in the Div2 Final this Saturday the 28th July at 2:30pm at Tokanui.

Get along and show your support and the team will front up for what should be a great match given the results last time these teams played.

See ya Saturday 2:30pm at Tokanui Rugby ground.

Rugby Jersey Washing Roster

Deann Paisley

Johnstone Contracting – Now offering boom and hand gun spraying services. Boom spraying vehicles available now and ready for the coming season. Give your local contractor a call now to discuss or to book in. Small Digger also available. Ph / Txt 027 454 9024. Delivering this newsletter and the latest Agricultural solutions to our customers. www.johnstone.co.nz



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